



Memo

Date: October 2, 2023
To: All priests, deacons, liturgical ministry
From: Maggie Rousseau, director, Disabilities Ministry
Re: World Mental Health Day October 10th

October is Mental Health Awareness Month and, Tuesday, October 10, is recognized as World Mental Health Day. All parishes are asked to pray for individuals and their facilities living with mental health challenges during October. Some recommended prayers for your liturgical celebration are listed below:

Prayers of the Faithful for Mental Health Awareness

For all persons who face discrimination and stigma due to mental illness, that they will find welcome and inclusion as branches of Jesus' vine, let us pray to the Lord.

For all persons -- who themselves or within their families live with mental and emotional crises, that the joy and love of Jesus may bring them comfort, let us pray to the Lord.

For all persons who live with mental health concerns, that the Church and public agencies will act with justice to ensure the availability of necessary supportive services to aid in their recovery, let us pray to the Lord.

For all who provide services for persons whose lives are affected by mental illness – social workers, counselors, mental health professionals, pastoral caregivers – that they will bear witness to God's spirit of love, let us pray to the Lord.