



Memo

Date: February 3, 2025

To: Pastors, priests, deacons, bulletin editors, campus ministry leaders and school principals

From: Patrick Metts, LPC, Office of Evangelization and Discipleship

Re: Retreat for adult children of divorced or separated parents

The Office of Evangelization and Discipleship, in collaboration with [Life-Giving Wounds](#), is offering a three-day retreat at St. Brendan the Navigator in Cumming for young adults and adults with divorced or separated parents. The retreat will take place April 4-6.

The retreat gives participants a greater understanding of the wound of divorce and the ways it affects their lives, offers advice about the difficulties concerning love and trust of others and explains how the Catholic faith, spiritual practices and the sacraments are essential to self-knowledge and healing. Further details and answers to FAQs can be viewed [here](#).

It will be led by the local Life-Giving Wounds Atlanta chapter and a member of the Life-Giving Wounds National retreat team. The retreat begins on April 4 at 6:30 p.m. and ends on April 6 at 2:30 p.m. Cost per individual is \$100 (includes all meals and materials). Must be 18 or older to attend. To register and for more information, please visit the [registration page](#). For possible retreat scholarship opportunities or for more information, please email me at pmetts@archatl.com.

Below, you will find a sample bulletin announcement for your convenience.

Sample Bulletin Announcement

Life-Giving Wounds is a three-day retreat for young adults and adults with divorced or separated parents. The retreat gives participants a greater understanding of the wound of divorce and the ways it affects their lives, offers advice about the difficulties concerning love and trust of others and explains how the Catholic faith, spiritual practices and the sacraments are essential to self-knowledge and healing. The retreat begins on April 4 at 6:30 p.m. and ends on April 6 at 2:30 p.m. Cost per individual is \$100 (includes several meals and all materials). Must be 18 or older to attend. To register and for more information, please visit <http://tiny.cc/lgw2025>.

[See graphic](#)