



Memo

Date: February 3, 2025

To: Priests, deacons, religious brothers and sisters and parish staff

From: Daniel West, Marriage and Family Life, Office of Evangelization and Discipleship

Re: Natural Family Planning class

The Quest Catholic Radio and the Pregnancy Aid Clinic (PAC) are collaborating to offer a free Natural Family Planning (NFP) class at St. Michael the Archangel church in Woodstock on Saturday, February 8, 9 a.m.-12 noon.

Participants will get an introduction to the idea of NFP, learn about the various methods, join interactive activities and have the opportunity to ask questions to a panel of fertility educators. The class will explore the interpersonal, theological and medical reasons for using NFP. Adults of all ages welcome.

Full information and registration can be found here:
<https://www.pregnancyaidclinic.com/lovinginvirtue.html>