



Memo

Date: June 29, 2020

To: Priests, deacons, religious brothers and sisters and parish staff

From: Daniel West, Marriage and Natural Family Planning, Office of Formation & Discipleship

Re: Natural Family Planning Awareness Week (July 19-25)

“In defending conjugal morality in its entirety the Church knows that she contributes to the establishment of a truly human civilization” (Pope St. Paul VI, *Humanae Vitae*, no. 18).

The self-mastery needed to practice chastity and Natural Family Planning produces immensely positive effects on one’s personal, family and communal life. Because of this, the U.C. Conference of Catholic Bishops (USCCB) annually promotes NFP Awareness Week, this year falling on July 19-25. Understanding that this may be a difficult topic to discuss, The USCCB has created a number of materials you can distribute. These include bulletin briefs, homily tips, prayers of the faithful and posters. Materials may be found [here](#).

For more information, please contact me at (404) 920-7631 or dwest@archatl.com.