



National Religious Campaign Against Torture

For support with any of these
actions, contact Laura Markle
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LEARN. PRAY. ACT.

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ACTIONS YOU CAN TAKE

- ☐ **Sign our petition**, the National Pledge: A Moral Call to End the Torture of Solitary Confinement
- ☐ Invite your faith community to **become a member** of NRCAT
- ☐ **Display an anti-torture banner** publicly at your house of worship; contact Rev. T.C. Morrow at tmorrow@nrcat.org to order a banner
- ☐ **Wear NRCAT gear**, available at our Bonfire store
- ☐ **Host a vigil** on the 23rd of each month to remember the people held in solitary confinement 23 hours a day or join a monthly Close Guantánamo vigil on the first Wednesday of the month
- ☐ **Tune in to our quarterly “how to” webinar series** for faith advocates; previous sessions available on the NRCAT YouTube channel
- ☐ **Host a solitary survivor** or NRCAT faith ambassador to speak to your religious community about ending torture
- ☐ Invite your faith community to **make a financial contribution** to NRCAT, whether one-time, annually, or as a special fundraiser
- ☐ **Host a screening of a NRCAT affiliated film**, such as Torture in Our Name, The Strike, or the Humans Out of Solitary series; Videos and discussion guides available here
- ☐ **Follow NRCAT on social media** and share our posts
- ☐ Sign up for Solitary Watch's Lifelines to Solitary program and **become a penpal** with someone currently in solitary confinement
- ☐ **Write a Letter to the Editor or Op-Ed** on the moral imperative to end torture
- ☐ If you or members of your congregation have experienced solitary confinement, you are invited to **join the NRCAT National Network of Solitary Survivors**
- ☐ **Join an Unlock the Box state anti-solitary campaign** to connect with others and bring about policy change in your area

