

## The Eucharistic Principles of the Spiritual Life

# *The Journey Continues...*

## Saint Michael Parish Mission

22 - 24 MARCH 2020

Evening Conference

Beginning **Sunday Evening**  
Ending **Tuesday Evening**

7:00 p.m. – 8:00 p.m.

Contact Information:  
770-516-0009

There will be a social after the  
last conference on Tuesday.

DAILY MASS  
9:00 am



Father Emmerich returns to St. Michael's for the parish Mission, to reflect on the goodness, beauty, and truth of the faith with which God has gifted us.

### ***Steps to Wholeness***

After a reflection on the classical Catholic definition of prayer, and taking his cue from St. Teresa of Avila's requisites for a vital prayer life, Father's conferences will spell out the concrete steps needed in the life of every wounded Christian — Christians wounded by Original Sin and by personal sin.

Many are familiar with the writings of the Catholic convert Peter Kreeft, a professor of philosophy who has written over eighty wonderful books on Christian philosophy, theology, and apologetics. In one of his books he reminds us that we are addicted to sin. No one is addicted to patience, charity, humility, etc. We are addicted to sin and thus he calls us "sinaholics." Thus Father Emmerich will focus on the steps needed by "sinaholics" that give us access to the life of grace as St. Teresa recommends.

By leading the parishioners in an exploration of the guiding principles that lead to a deep inner peace in the midst of a troubled world, his conferences will focus on recovery from the effects of sin in our lives, and explore other issues of our spiritual warfare. He will briefly review the role of feelings and emotions in our lives. And he will help lead us through the way to heal our resentments, and much more as he exams the Steps that lead to the fullness of life and love.

Fr. Emmerich is a priest of the Holy Name Province of the Dominican Order and is currently ministering with Western Dominican Preaching.

For the past thirty-seven years he has been involved in giving retreats to Mother Teresa's Priests and Sisters in Mexico, Poland, Guatemala, Calcutta, Russia, and Africa. He currently resides at Saint Albert Priory in Oakland, CA.

From a family with alcohol and drug addiction, Fr. Emmerich has studied the 12-Steps for his own healing and to help others to overcome obstacles and find peace.

His series of conferences for EWTN is entitled "The Eucharistic Principles of the Spiritual Life."