



# Memo

**Date:** March 3, 2025  
**To:** Clergy and parish communicators  
**From:** Joey Martineck, director of Respect Life Ministry, Office of Life, Dignity and Justice  
**Re:** ECHO young adult Theology of the Body 'mini' retreat

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Echo, a retreat for young adults ages 19-35 rooted in St. John Paul II's Theology of the Body, will be offering a 'mini' version' April 4-6 at Covecrest Retreat Center in Tiger, GA. Please help us promote this amazing opportunity.

Traditionally held as a week-long retreat, this taste of the full ECHO experience will combine dynamic talks, prayer, sacraments, daily Mass, adoration, small group discussions, artistic expression and authentic community.

ECHO takes participants on a journey to answer the deepest questions of the human heart. Questions such as: "Who am I?" "What is my vocation?" "How can I truly find happiness?" "What is God's plan for my life?"

Specific details and registration information can be found [here](#).