## Memo

**Date:** October 11, 2021

**To:** Priests, deacons, religious brothers and sisters and parish staff

**From:** Mary M Cohen, MPH, Office of Formation & Discipleship, Senior

Adult Ministry

Maggie Rousseau, Office of Life, Dignity & Justice, Disabilities

Ministry

**Re:** "Accompanying Caregivers" – Presentation on October 21, 2021 @

10 a.m.

Caring for a family member – young, old, or in-between – who is chronically or mentally ill, aging, disabled, or infirm is a true form of service and charity. In a special, virtual presentation on **Thursday**, **October 21, at 10 a.m.**, the founders of *Nourish for Caregivers* will join us to discuss the emotional, physical, and spiritual demands of caregiving. They will offer ways individuals, families, and parishes can provide support and

guidance to those on the caregiving journey.



For more information and the Zoom link, please visit: <u>tiny.cc/catholicsenior</u>. Maggie can be reached at <u>mrousseau@archatl.com</u> or 404.920.7682 and Mary

can be reached at 404.920.7642 or mcohen@archatl.com.