

Summer Retreats at Saint Vincent Archabbey Seminary

**The Humility of the Sacred Heart
in Benedictine Spirituality
Friday, June 28, 5:30 p.m.
to Sunday, June 30, 1 p.m.**

As we celebrate the Solemnity of the Sacred Heart, during this weekend retreat, we remember the simple **BENEDICTINE SPIRITUALITY** beautiful invocation of the Litany of the Sacred Heart, “Jesus, meek and humble of heart, make our hearts like unto Thine.” Saint Benedict lived long before the Revelation of the Sacred Heart of Jesus to Saint Margaret Mary, but he already highlighted a key virtue of the Sacred Heart: humility. In this retreat we will reflect on humility in Benedictine spirituality and the Sacred Heart of Jesus.

Retreat Master: Father Boniface Hicks O.S.B., has master of arts and master of divinity degrees from Saint Vincent Seminary, as well as a Ph.D. in computer science from Pennsylvania State University. He co-authored, along with Father Thomas Acklin, O.S.B., the book *Spiritual Direction: A Guide for Sharing the Father’s Love*, and is also director of Spiritual Life for Saint Vincent Seminary.

**MEN’S RETREAT
The Virtue of Fortitude
in Our Troubled Times
Friday, July 19, 5:30 p.m.
to Sunday, July 21, 1 p.m.**

The Catholic Faith will provide all the strength needed for you to battle the growing darkness of our troubled times—if you take Christ as your Captain. This retreat will focus on the special challenges facing men in our post-Christian social environment and ways to cultivate the virtue of fortitude. The teachings of the Church on the virtue of fortitude and the pursuit of holiness will be illustrated by Church history and the lives of the saints.

Retreat Master: Father Maurus Mount, O.S.B., has master of arts, master of divinity and bachelor of sacred theology degrees from Saint Vincent Seminary, a master of arts degree in classical languages from the University of Illinois, and a doctorate in classical philology from the University of Vienna, Austria. He is an assistant professor of classical languages at Saint Vincent Seminary and a member of the faculty of Saint Vincent College.

**SILENT RETREAT
Practitioners of Silence
Friday, July 26, 5:30 p.m.
to Sunday, July 28, 1 p.m.**

We live in a noisy and bustling society that generally misunderstands, devalues, and sometimes even fears silence. Drawing from various sources of inspiration as our guide, this retreat will explore how the careful cultivation and practice of silence and restraint of speech may improve the quality of our lives and the lives of those around us.

Retreat Master: Father Jeffrey Nyardy, O.S.B., earned a master of divinity degree from Saint Vincent Seminary. His work at Saint Vincent Archabbey includes serving as a member of the faculty and staff of Benedictine Priory and Benedictine Military High School, Savannah, Georgia. He has also served as junior master of the monastic community and director of solemnly professed Benedictine and visiting religious seminarians. He continues to serve as an assistant to the Archabbot.